

Camp Kingsmont®

**Off Season Address: 1638 1st Place
(Aug 15 to June 15) McLean, VA 22101
877-FIT-CAMP**

**Camp Address: 893 West St
(June 15 to Aug 15) Amherst, MA 01002**

Please present these **MEDICAL REQUIREMENTS FOR ATTENDANCE** to your doctor at time of physical exam.

Commonwealth of Massachusetts, Department of Public Health, Standards for Recreational Camps - Code of Massachusetts Regulations 105 CMR 430. Following are the health requirements of attendance at a residential camp in Massachusetts.

430.151: Physical Examinations by Physician and Certificate of Immunization

(A) Every camper and full time staff person shall furnish to the camp the following, prepared and signed by a licensed health care provider:

(1) **A health history:** A current medical history which **lists allergies, required medications and any health conditions or impairments** which may affect the individual's activities while attending the camp. **The medical history shall be signed by a parent or guardian, or by a licensed health care provider (preferred)**, however, in the case of a staff member 18 years of age or older; the staff member's signature shall be sufficient.

(2) **A report of a physical examination conducted during the preceding 24 months; and**

(3) **A certificate of immunization (be sure that the below required immunizations have been administered and date is provided on a medical form signed by physician or certificate provided).**

(B) No person known to be suffering from tuberculosis in a communicable form, or having evidence of symptoms thereof, shall be allowed to work or attend a recreational camp for children in any capacity which might bring him into contact with any camper at such camp.

430.152: **Required Immunizations (This must be complete to attend KINGSMONT).** Written documentation of immunization shall be required for all campers and staff as follows:

(A) **For Campers and Staff under 18 Years Old:**

(1) **Measles, Mumps and Rubella (MMR) Vaccine:** A minimum of one dose of MMR vaccine(s) must be administered at or after 12 months of age. A **second** dose of live measles-containing vaccine given at least four weeks after the first, is required for all campers and staff, who will be entering grades K-12 or college in the school year immediately following the camp session (or in case of an ungraded classroom or the camper/staff does not attend school/college, campers or staff five years of age or older). Laboratory evidence of immunity is acceptable.

(2) **Polio Vaccine**: A minimum of **three** doses of either inactivated polio vaccine (IPV) or oral polio vaccine (OPV) are **required**. If a mixed (IPV/OPV) schedule was used, four doses are required;

(3) **Diphtheria and Tetanus Toxoids and Pertussis Vaccine**: A minimum of **four** doses of DTaP/DTP/DT **or at least three** doses of Td is required. Where a camper or staff person is seven or more years of age and requires additional immunizations to satisfy 105 CMR 430.152(A)(3), Td is to be substituted for DTaP, DTP or DT vaccine. Effective January 1, 2004, **a booster dose of Td is required for all campers and staff who will be entering grades seven through ten** (or in the case of an upgraded classroom or the camper or staff does not attend school, campers or staff 12 through 15 years of age) **if it has been more than five years since the last does of DTaP/DTP/DT**. **For all campers and staff who will be entering grades 11 and 12** (or in the case of an ungraded classroom or the camper or staff does not attend school, campers or staff 16 through 17 years of age) **a booster of Td is required if it has been more than ten years since the last dose of DTaP/DTP/DT/Td**.

(4) **Hepatitis B**: For all children born on or after January 1, 1992, three doses of Hepatitis B vaccine are required. Laboratory evidence of immunity is acceptable.

(B) **For campers and staff 18 years of age or older**:

(1) **Measles Vaccine**: Unless born before 1957, **two** doses of live measles-containing vaccine administered at/or after 12 months of age (at least four weeks apart) are required. Laboratory evidence of immunity is acceptable.

(2) **Mumps Vaccine**: Unless born before 1957, **at least one** dose of mumps vaccine administered at/or after 12 months of age is required. Laboratory evidence of immunity is acceptable.

(3) **Rubella Vaccine**: Unless born before 1957, **at least one** dose of rubella vaccine administered at/or after 12 months of age is required. Laboratory evidence of immunity is acceptable.

(4) **Diphtheria and Tetanus Toxoids**: At least **three** doses of DTaP/DTP/DT/Td are required. A booster dose of tetanus/diphtheria, adult type toxoid (Td) is required if more than ten years have elapsed since the last dose of DTaP/DTP/DT/Td vaccine.

430.153: Physical Examinations or Immunizations Excepted

(A) **Religious Exceptions**. If a camper or staff member has religious objections to physical examinations or immunizations, the camper or staff member shall submit a written statement, signed by a parent or legal guardian of the camper, to the effect that the individual is in good health and stating the reason for such objections.

(B) **Immunization Contraindicated**. Any immunization specified in 105 CMR 430.152 shall not be required if the health history required by 105 CMR 430.151 includes a certification by a physician that he or she has examined the individual and that in the physician's opinion the physical condition of the individual is such that his or her health would be endangered by such immunization.

